hailshamchambers

Clerks: **020 7643 5000**

Justin Meiland

Call: 2010



Overview

Justin specialises in medical law, clinical negligence and inquests. He offers clear and practical advice combined with a sensitive approach to his clients' needs.

Justin has a busy and varied clinical negligence practice, acting for both claimants and defendants in cases ranging across the full clinical spectrum and involving complex expert evidence. He frequently appears in the Coroners' courts, representing both families and medical professionals. He is recommended in Chambers & Partners and Legal 500 as a leading junior in clinical negligence.

Justin is also experienced in the area of professional discipline. He has represented practitioners at the GMC, GDC, NMC and HCPC.

Justin graduated with a Double First from Oxford University (Magdalen College). He received a Distinction in the Graduate Diploma in Law and an Outstanding in the Bar Vocational Course.

"He is tremendously intelligent, conscientious and approachable." *Legal 500, 2018*

"Very clever, calm and hardworking." *Legal 500, 2020*

"He is able to digest large amounts of information and pull out key points extremely well." *Legal 500, 2021.*

"Impressive eye for detail on both liability and quantum. Able to quickly assimilate large volumes of evidence and settle concise yet robust pleadings." *Legal 500, 2022*

"His analysis and mastery of the facts and issues in the cases he deals with is impressive, as is his tact and handling of clients and experts." "He has the ability to achieve excellent results in the most testing of cases." "Justin is a very strong junior who can be trusted to punch above his weight." *Chambers & Partners 2023.*

"Justin is a meticulous barrister. He has an extraordinary ability to get to the crux of the issues when dealing with complex cases." *Legal 500 2023.*

“Justin has an impressive ability to extract the key issues in complex cases. He is excellent with dealing with multiple experts in conference combined with a robust negotiating style which achieves excellent outcomes for clients.” *Legal 500 2024.*

"Justin is proactive and goes above and beyond to turn things around quickly." *Legal 500, 2025*

"Justin provides exceptional advice, is always well prepared, and goes the extra mile to ensure that the evidence is correctly prepared, which makes all the difference in a difficult case." *Chambers & Partners 2025*

Medical law

The bulk of Justin’s practice is focused on medical law. He has been instructed by both claimants and defendants in a wide variety of clinical negligence claims relating to all manner of medical and healthcare professionals. Recent cases include claims relating to surgical negligence (including general surgery, cosmetic surgery and orthopaedic surgery), lack of consent, delay in diagnosis of cancer, ophthalmic errors, immunoglobulin therapy, cauda equina, GP errors, nursing practice, and secondary victim claims.

Justin prides himself on frank as well as sensitive advice, combined with persuasive advocacy in both Court and settlement meetings. He fights hard to achieve the best outcome for his clients.

Justin is frequently instructed in inquests, representing both the family and medical professionals. He also sits as an assistant coroner at South London Coroner’s Court.

Justin is recommended in Chambers & Partners and Legal 500 as a leading junior in clinical negligence.

Inquests

Justin is frequently instructed in a range of medical inquests, representing both the family and medical professionals. His experience in clinical negligence also enables him to assist in related civil claims. Justin also sits as an assistant coroner at South London Coroner’s Court.

Regulatory and disciplinary

Justin has been instructed to act on behalf of practitioners at the NMC, GMC, GDC and HCPC. Justin’s experience covers a wide variety of cases, including allegations involving dishonesty, abuse, and health. His appellate work includes two successful appeals (compromised between the parties): the first against a striking off order

imposed following an erroneous finding on the facts and the second against an order for erasure following an erroneous finding of impairment. He also acted as junior counsel in *Doherty v NMC* [2017] EWCA Civ 1344, the first Court of Appeal case to consider the approach to be taken by a registration panel at the NMC when assessing good character.

Professional liability

Justin has experience in acting for both claimants and defendants in claims against a range of professionals, including lawyers. He is particularly able to draw on his expertise in medical law to advise in cases against lawyers arising out of alleged under-settlement and lost litigation in the clinical negligence context.

What others say

"Justin provides exceptional advice, is always well prepared, and goes the extra mile to ensure that the evidence is correctly prepared, which makes all the difference in a difficult case." *Chambers & Partners 2025*

"Justin is proactive and goes above and beyond to turn things around quickly." *Legal 500, 2026*

"Justin has an incredible ability to digest complex cases, identify the key issues and achieve the best results. He has a very strong ability to deal with multiple experts in complex claims." *Chambers UK, 2025*

"Justin has an impressive ability to extract the key issues in complex cases. He is excellent with dealing with multiple experts in conference, combined with a robust negotiating style which achieves excellent outcomes for clients." *Legal 500, 2025*

"His analysis and mastery of the facts and issues in the cases he deals with is impressive, as is his tact and handling of clients and experts." "He has the ability to achieve excellent results in the most testing of cases." "Justin is a very strong junior who can be trusted to punch above his weight." *Chambers & Partners 2023.*

"Justin is a meticulous barrister. He has an extraordinary ability to get to the crux of the issues when dealing with complex cases." *Legal 500 2023.*

"Impressive eye for detail on both liability and quantum. Able to quickly assimilate large volumes of evidence and settle concise yet robust pleadings." *Legal 500, 2022*

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"Very clever, calm and hardworking." *Legal 500, 2020*

"He is tremendously intelligent, conscientious and approachable." *Legal 500, 2018*

Further information

Education

- 2009 – 2010: Bar Vocational Course (BPP): Outstanding.
- 2008 – 2009: Graduate Diploma in Law (City University): Distinction.
- 1999 – 2003: DPhil (Oxford).
- 1993 – 1997: BA (Hons) Oxford (Magdalen): double first.

Awards & Scholarships

- Megarry Pupillage Scholarship, Lincoln's Inn: 2010
- Buchanan Prize, Lincoln's Inn: 2010
- Tort Essay Prize, 1 Chancery Lane: 2009
- Lord Denning Scholarship, Lincoln's Inn: 2009
- Maitland Advocacy Prize: 2008
- Lord Haldane Scholarship, Lincoln's Inn: 2008
- Hardwicke Entrance Award, Lincoln's Inn: 2008
- Boden Scholarship, Oxford University: 2003
- Spalding Prize, Oxford University: 1996.

Personal: A keen linguist, Justin has tried his hand at Danish, Thai, Latin, Greek, Sanskrit and Pali among other languages. He also enjoys photography and trekking.

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